



# Langy's Local School News

5997 5322

52 Westernport Road, Lang Lang 3984

1st June, 2023

## DIARY DATES

### REMEMBER!

**School Office Hours**  
8.45am – 4pm

Please email the office outside these hours: [lang.lang.ps@education.vic.gov.au](mailto:lang.lang.ps@education.vic.gov.au)

### Life Education

Wednesday 31st - Friday 2nd June  
Grade 5/6

### Kings Birthday Public Holiday

Monday 12th June

### Winter Inter-School Sports

Friday 16th June  
Selected Students

### 5/6 Camp—The Ranch

Wed 21st— Fri 23rd June

### Toy Incursion

Grades Prep—2  
Thursday 22nd June

### 2023 Term Dates

Term 2 24th April - 23rd June  
Term 3 10th July - 15th September  
Term 4 2nd October - 20th December

RESPECT COMMUNITY POSITIVE MINDSETS POSITIVE RELATIONSHIPS

## A Message From The Principal

### Reconciliation Week

National Reconciliation Week is held every year from 27 May to 3 June. It is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

Classes across the school engaged with different activities to work towards the goal of Reconciliation Week; a just, equitable and reconciled Australia. There were indigenous stories, posters and conversations about what reconciliation means. Our school leaders ensured every classroom was supplied with posters promoting this year's theme: Be a Voice for Generations.



### Teaching Innovation Fellowship

Ms Hadrian has been successful in obtaining significant funding and resourcing for work to be completed in the area of literacy. She has been working extremely hard behind the scenes to secure this funding and will be working with staff to implement reading strategies that will help us meet our strategic goals.

Congratulations to Ms Hadrian for being successful in her application and a huge thank you for all the hard work and time she invested in the process.

### Science Incursion

Ms Anson put a lot of effort into organizing a recent science/STEM incursion for students. Students got to use a number of scientific instruments to measure the sugars in a range of fruits, and the proteins in milk. The presenters from Raising Aspirations and Career Education in agriculture (RACE) were highly engaging and helped students understand the different types of careers you can have that relate to farming. Students walked away with an understanding of some of the scientific processes used in the agricultural sector.

### Biggest Morning Tea

Last Thursday we held the Biggest Morning Tea. Everyone was treated to fruit and snacks that were very much enjoyed! We had an army of parent helpers who did an enormous amount of work to make this event so successful. We also were very lucky to have such great support from a number of businesses who donated food to make sure there was enough for everyone. Thank you to Woolworths and Caldermeade Farm for helping our school raise \$198.55 for the Cancer Council.

### Toilet Refurbishment

Some exciting news about our toilet refurbishment! Work is set to commence in the middle of June. We will have portable toilets arriving soon and then the works will begin! We will keep the school community updated as we receive more information, but we are very excited that we will soon have a much-improved space for our students.



**Melissa Phillips**  
Principal

# Australia's Biggest Morning Tea

Our school was delighted to take part in Australia's Biggest Morning Tea last Thursday and raised \$190.55 Many thanks to our school community for supporting this worthy cause.



NATIONAL RECONCILIATION WEEK 2023

27 MAY — 3 JUNE

**BE A VOICE FOR GENERATIONS**

#NRW2023

[NRW.RECONCILIATION.ORG.AU](http://NRW.RECONCILIATION.ORG.AU)





# Acknowledgement of Country



Here is the land.

Here is the sky.

Here are my friends,

And here am I.

We thank the Bunurong people,  
For the land on which we live  
and play.

We promise to take care of it  
every single day.



NATIONAL RECONCILIATION WEEK 2023

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# STEM Incursion

Our grade 1 - 6 students enjoyed completing hands on science experiments at their recent STEM incursion. The students tested the percentage of sugars, fats and protein in fruit and milk.



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# Morning Reminder

Please remember that students are not to go inside their classroom until their teacher is present and has officially opened their classroom door at 8.50am. Thank you for your assistance with this matter.

# Parking Expectations

For child safety and staff access, we ask that parents do not park in front of staff cars on James Street. Please use the correct parking available or the Stop and Drop Zone on Westernport Road.

# Thank You!

We greatly appreciate all the individuals and businesses that donated to our recent Mother's Day stall and raffle.

- Pure Body Health
- Behind The Mirror
- Little Birk Florals
- Dee's Cutting Edge
- Lang Lang Pharmacy
- TC Creations
- Bunnings
- Woolworths
- Coles

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# Prep Bags 2023 Survey

Have your say about this year's Prep bags in a short survey, closing Sunday 9 July.

Each year, the Department of Education gives every Prep student attending a Victorian government school a bag full of goodies to celebrate this milestone in their education journey. The information and educational resources in the bags are designed to help Prep students and their families thrive from the start of Term 1.

The department is inviting parents and carers of current Prep students to participate in a short survey about the 2023 Prep bags, by 5 pm on Sunday 9 July 2023.

Your feedback will help the department learn what families liked about the Prep bags and what can be improved in 2024. You can have your say at [2023 Prep Bags – Evaluation Survey](#).

The survey takes 5 to 10 minutes to complete, and responses are anonymous. For more information on this year's Prep bags, refer to [Prep bags](#).

## Wonder Recycling Rewards

Our school is taking part in the Wonder Recycling Rewards campaign this term. Help us to collect clean empty bread bags to earn points for free sports equipment for our students.

All you need to do is collect clean empty bread bags and send them to school to be popped into the Wonder pink bag recycling boxes. The more we collect the more points we earn. **You can collect any sort of clean bread bags not just Wonder bread brand.** All bags are recycled into soft plastics and made into other products such as lunch boxes. Tip for collecting : Use one empty bread bag to collect a bunch of other bags!



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# Stay Well This Winter!

Symptoms of influenza (flu) can hit very quickly and may last several weeks. Vaccination is the best way to protect yourself and others from getting the flu. [Annual influenza vaccination](#) is recommended from mid-April each year and is free under the National Immunisation Program for those at higher risk of complications from the flu.

## Keeping our school community well

Parents, carers and students are encouraged to practice prevention measures, including:

- washing and sanitising hands regularly
- avoiding touching eyes, nose and mouth with unwashed hands
- covering nose and mouth when coughing or sneezing · staying home if unwell and consulting a general practitioner (GP) or Nurse-on-call as required
- staying up to date with flu and COVID-19 vaccinations.

## Flu vaccinations

Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. Flu vaccination is recommended for everyone aged 6 months and over.

Some people are more at risk of complications from flu and are eligible for free vaccination as part of the [National Immunisation Program](#).

## COVID-19 booster

The 2023 COVID-19 booster dose is available for everyone aged 18 and above.

Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people aged over 65 and those at higher risk of severe illness.

You can have your booster dose 6 months after your last dose or COVID infection.

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# Stay Well This Winter!

## COVID-19 booster

Children aged between 5 and 17 years who are at risk of severe illness can also receive a 2023 booster dose. You can get your next dose at your local pharmacy or GP. To find one near you, refer to the [vaccine clinic finder](#).

## Find out more

For more information about preventing flu, and immunisation, refer to: [Better Health Channel influenza flu immunisation fact sheet](#) and [Getting vaccinated against influenza](#).

# Get to Know Your Skin

Your friends' and family's health and wellbeing are everything to you. If they notice a dodgy spot, you would encourage them to go to the GP immediately. Now it's time to take your own advice.

The sooner skin cancer is found, the easier it is to treat. If you see anything new or changing on your skin, go to the GP. Don't delay. Save your skin.

[Get to know your skin. - SunSmart](#)

## Found!

Please contact the office if these glasses belong to you :)



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# Cadbury Chocolate Drive

Our Fundraising Committee is currently running an 'opt in' Cadbury Chocolate Drive. If you would like to order boxes of chocolates please for your family and/or friends, please complete the order form and return it to school with payment by Friday 9th June.

Lang Lang Primary

## Cadbury Chocolate Drive Order Form

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email (optional): \_\_\_\_\_

Boxes	Quantity	Price	Sub-Total
Goody Bars Box		\$60ea	
Freddo & Caramello Fun Pack Box		\$60ea	
Freddo & Friends Box		\$60ea	
Oreo Cookie Box		\$50ea	
Natural Confectionery Box		\$60ea	
Curly Wurly Box		\$48ea	
Chomp Box		\$63ea	

TOTAL \$ \_\_\_\_\_

Please return orders with payment by the 9th June 2023

The Fundraising Committee would like to thank you all for your support 😊



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# Jokes of the Week!

Congratulations to Cruz 3/4 M Mitchell 1/2 M for their fabulous jokes at assembly over the last fortnight!

*What kind of songs do electric eels sing?*

**Shock and roll!**

Cruz



*How do you put a Pikachu on a bus?*

**You Pokemon!**

Mitchell

## 2023 School Camp Dates

- **5/6 Camp—The Ranch**  
Wednesday 21st— Friday 23rd June
- **5/6 Camp—Sovereign Hill**  
Monday 30th October—Wednesday 1st November

## Head Lice

We have had several reported cases of head lice. We ask that all parents and carers regularly check their children's hair and treat them immediately if any eggs or live lice are present.

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# Healthy Lunchbox Recipe



## Ants on a log



Makes 10

### Ingredients

- 3 stalks of celery
- 100g reduced fat cream cheese spread
- 1 tablespoon sultanas



### Method

1. Wash and cut each celery stalk into 4 equal pieces.
2. Using a teaspoon, fill the centre of the celery stalks with cream cheese.
3. Top each piece with 3 sultanas.

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# Parking Requirements

To assist with the safe arrival and departure of all our students, we ask that our families adhere to the designated areas for parking and movement of traffic (please refer to the traffic management map below).

Please be aware that **no parking** is permitted at anytime in the bus loop.

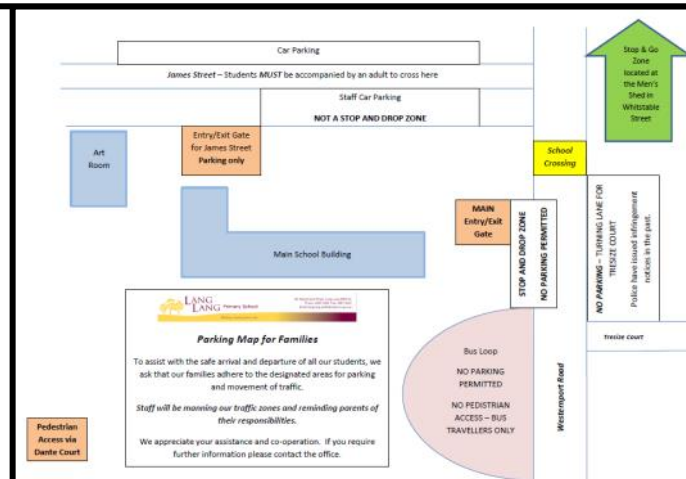
## School Gate Safety

For safety reasons we ask that students and their families only enter and exit the school grounds via the main gate on Westernport Road. The James Street gate may also be used, but students must be accompanied by an adult if they need to cross the road.

There is no pedestrian access in the bus loop area (except for bus travellers who are supervised by school staff). **The bus loop gates must not be used by students or families to enter or exit the school.**

We appreciate your assistance and cooperation. If you require further information, please contact the office.

### Lang Lang Primary School Traffic Management Map



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# Lunch Orders

Lunch orders are available through our local **Country Grind Café** for delivery each Friday during term time.

**Orders must be placed on Thursday mornings.** Orders received on Fridays will not be able to be filled.

Parents are to send in an order written on either a brown paper bag or an envelope on Thursdays. Please enclose the **correct money** in your order.

Lunch orders must have the following information:

- Child's name
- Child's class
- Items, including quantity



The current menu options available at the back of the newsletter.

Please note that **Soul Foods is no longer supplying lunch orders** for our school.

## Mobile Phones & Smart Devices

Please be aware that **all students are required to hand in their personal mobile phones and smart devices** (iPad's, smart watches etc) at the office when they arrive at school.

We would greatly appreciate it if you too could talk to your child and remind them of the responsibility they have if they are travelling to school with a mobile phone or smart device. Our school policy, which is a mandated government policy across all schools in Victoria, is available to [review here](#).

If you have any questions or need assistance, please do not hesitate to contact your teacher or the office. **Please ensure that all devices are clearly named.**

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# Student Hair Requirements

All students who have **shoulder length or longer hair must tie** their **hair back** while at school. This requirement is to help restrict the spread of nits and headlice, and for student safety.

For more information please refer to our [Student Dress Code Policy](#).

# School Uniform Reminder

Please remember that our school uniform requirements for all students are:

- Burgundy or gold coloured t-shirt
- Burgundy windcheater
- Black tracksuit pants or shorts
- Navy and white gingham school dress

When students wear correct school uniform they are showing pride in their school and following our School Wide Positive Behaviour expectations: being responsible, being respectful and being safe.

We understand that at times it may not be possible for students to wear their correct school uniform. In this instance we do request that you provide a signed note, explaining the situation, to your child's teacher.

# Privacy Reminder

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the [Schools' Privacy Policy](#).

Please take time to read our school's collection notice, found [here](#) or on our website.

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# COVID-19 Update for schools

## COVID-19 isolation requirements have changed

The Victorian Government has announced the end of the Pandemic Declaration and associated Pandemic Orders. The following settings, based on advice from the Department of Health, will apply from 11.59pm Wednesday 12 October 2022.

It is strongly recommended that **students**:

- who test positive to COVID-19 stay home and isolate for 5 days
- should not attend school after 5 days if still symptomatic
- who are symptomatic but have not tested positive should not attend school
- advise the school of the COVID-19 positive test result

Where **students** become symptomatic at school they should:

- be collected by their parents/carers
- undergo testing for COVID-19

## Reporting positive COVID-19 test results

The Department of Health recommends that a person who tests positive for COVID-19 should inform those with whom they have recently been in contact, including their workplace, schools and household.

Parents and carers will therefore be asked to continue to report positive student COVID-19 cases using the [VicED COVID Tool](#).

Where a parent/carer informs the school by phone or written notification, the school should complete the [Schools COVID Case Management Tool](#).

## Face masks

Staff and students who wish to wear a face mask should be supported to do so, and schools should continue to make face masks available for staff, students and visitors.

The Department of Health recommends that masks should be worn by a person who is a close contact of someone who has tested positive for COVID-19 when leaving home.

Additionally, the Department of Health recommends that masks should be worn by a person who has COVID-19, for at least 7 days after a positive test, when they need to leave home.

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RESPECT

COMMUNITY

POSITIVE MINDSETS

POSITIVE RELATIONSHIPS

# School Wide Positive Behaviour Awards

The following students recently received an award for: **Being Responsible, Respectful or Safe.** Congratulations to all those students for helping to make Lang Lang Primary School great!



Prep D - **Millie**



Prep M - **Knox**



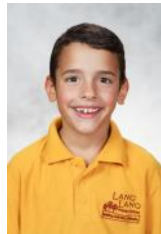
1/2 M - **Dakota**



2/3 H - **Beau**



3/4 J - **Maddison**



3/4 M - **Archie**



Prep D - **Sebastian**



Prep M - **Frankie**



1/2 M - **Gemma**



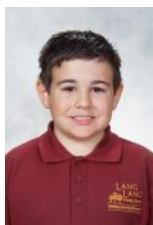
1/2 R - **Harrison**



3/4 J - **Imogen**



3/4 M - **Carli-Jane**



5/6 S - **Matthew**

# LANG LANG PRIMARY SCHOOL

## EXPECTED BEHAVIOURS

We create and maintain a learning environment that promotes respectful relationships by being :

### RESPECTFUL



### SAFE



### RESPONSIBLE



#### ALL SETTINGS

Follow directions.  
Use please, thank you and excuse me.  
Use a kind tone of voice.  
Embrace inclusion all aspects of school life.  
Ask to use other people's property.  
Keep our hats and hoods off when inside.

Keep body to self.  
Walk inside.  
Are in the right place at the right time.  
Give others space.  
Eat only your own food.

Wear the correct school uniform.  
Look after our own things.  
Be organised with the correct equipment.  
Listen actively when roll is called.  
Participate.

#### CLASSROOM

Allow others to stay on task.  
Put our hands up to speak.  
Work quietly.  
Work as a team.

Tuck in our chairs.  
Sit only where we are meant to.  
Sanitise when we enter.

Stay on task.  
Pack up.  
Arrive in the classroom on time.  
Complete all tasks.

#### CORRIDOR

Use a quiet voice.  
Only touch what belongs to us.

Look where we are going.  
Put our belongings in our school bag.  
Hang our bags up.

Return to class immediately.

#### PLAYGROUND / OVAL

Put rubbish in the bin.  
Share equipment.  
Include others.  
Follow agreed game rules.  
Show good sportsmanship.

Wear a hat in Terms 1&4.  
Line up when we hear the music.  
Remain inbounds.  
Walk our bike/scooter through the yard.  
Keep to the running track riding our bike.  
Use equipment correctly.

Report any issues to yard duty teacher.  
Get a drink or go to the toilet when the music starts to play.  
Walk away when someone has upset us.

#### LAPTOPS / IPADS

Wear headphones when listening to sound.  
Shut the lid when the teacher is talking.

Always walk when holding a device.  
Keep devices on a table and away from food.  
Ask the teacher for help if we see something we are unsure about.

Use technology for its correct purpose.  
Keep our login details private.  
Put the device back on charge after use.  
Logout correctly.

#### TOILETS

Leave toilets clean.  
Always flush after using.  
Use a quiet voice.

Ask a teacher before you go.  
Take a buddy with you.  
Leave as soon as we are finished.

Wash our hands  
Report any issues to the teacher.  
Take only the amount of paper we need.  
Only put toilet paper in the bowl.

#### OFFICE / SICKBAY

Wait our turn.  
Sit quietly while we are waiting.

Walk.  
Return to the teacher if the office is unattended.

Ask a teacher before going to the office.

#### ASSEMBLY

Enter and exit quietly.  
Clap at the correct time.  
Be quiet.

Leave walkways clear.  
Sit in designated area for our grade.  
Walk as you enter and exit.

Listen to messages.  
Sit in our b.l.s.  
Sit with our classes.

#### EXCURSIONS

Listen to all teachers, parents and volunteers.  
Ask to touch things that belongs to others.

Sit in our seat on the bus.  
Wear a seatbelt on the bus.  
Stay with our group.

Demonstrate all expected behaviours.  
Follow the rules of the venue.  
Stay with our assigned group.



# Reminders

## Health

Just a reminder that **children must be well** in order to attend school.

Please check your child each morning to ensure that they are **not suffering from** any of the following symptoms:

- **Fever**
- **Chills**
- **Sore throat**
- **Cough**
- **Runny nose**
- **Loss of sense of smell**



Your help and understanding is greatly appreciated in this matter.

## Labelling Clothing

Please remember to label your children's jumpers and jackets. As children warm up during the day they often take off these extra layers!

**Name labels should only be placed on the inside collar or inside waist band of school uniform.**

External labelling of school uniform is not within school policy.



## Help Available

If you or anyone you know needs help, please contact:

[Lifeline](#) on 13 11 14

[Kids Helpline](#) on 1800 551 800

[Direct Line](#) Victoria drug/alcohol counselling on 1800 888 236

[Mens Line](#) Australia on 1300 789 978

[Suicide Call Back Service](#) on 1300 659 467

[Beyond Blue](#) on 1300 224 636

[Headspace](#) on 1800 650 890

[Head to Help](#) on 1800 595 212

# Reminders

## Lost Property

If your child is missing a jumper, drink bottle or other item, please remind them to come and check the lost property box in the main hallway outside the Grade 1/2 classrooms.

**Any lost property not collected will be sent to the OP Shop at the end of each term.**



## Cutlery

Please provide your child with their own plastic spoon or fork if they need utensils to eat their food while at school.



## Privacy Reminder

As stated on your child's enrolment form, our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy.

Please take time to remind yourself of the school's collection statement, found at the end of this Newsletter.

For more information about privacy, see: [Schools' Privacy Policy – information for parents](#).

## Past Newsletters

School newsletters are available for viewing on Compass for a two week period. If you need to access past newsletters, they are located on our school website: <http://www.langlangps.com.au/newsletters.html>

# PICK&MIX

FOR A HEALTHY LUNCHBOX  
SOMETHING FROM EACH GROUP 1-6!



Developed in conjunction with the Achievement Program to support a whole-school approach to healthy eating.



### 1 FRUIT

#### FRESH FRUIT

- Apple
- Banana
- Mandarin
- Orange quarters
- Passionfruit halves (with spoon)
- Watermelon, honeydew, rockmelon chunks
- Pineapple chunks
- Grapes
- Plums
- Nectarines, peaches, Apricots
- Strawberries
- Cherries
- Kiwifruit halves (with spoon)
- Pear

#### MIXED FRUIT

- Fruit salad
- Fruit kebabs

#### DRIED FRUIT

- Dried fruit, nut, popcorn mixes\*

#### TINNED FRUIT/SNACK PACKS/CUPS

- In natural juice (not syrup)



### 2 VEGETABLES

#### FRESH CRUNCHY VEGIES

- Corn cobs
- Carrot sticks
- Capsicum sticks
- Green beans
- Cucumber sticks
- Celery sticks
- Snow peas
- Tomatoes (e.g. cherry and Roma tomatoes)
- Mushroom pieces

#### Can serve with either:

- Hummus
- Tomato salsa
- Tatziki
- Beetroot dip
- Natural yoghurt

#### SALADS

- Coleslaw and potato salad (reduced fat dressing)
- Mexican bean, tomato, lettuce and cheese salad
- Pesto pasta salad\*

#### BAKED ITEMS

- Grilled or roasted vegetables
- Wholemeal vegetable muffins or scones
- Vegetable slice (with grated zucchini and carrot)
- Popcorn

#### SOUP (In small thermos)

- Pumpkin soup
- Potato and leek soup
- Chicken and corn soup

### 3 MILK, YOGHURT AND CHEESE

- Milk
- Calcium-enriched soy and other plant-based milks
- Yoghurt (frozen overnight)
- Custard

#### Tip:

- Freeze the night before to keep cool during the day

- Cheese cubes, sticks or slices

- Cottage or ricotta cheese
- Cream cheese
- Tatziki dip

#### Can serve with either:

- Fruit
- Wholegrain cereal, low in sugar
- Vegetable sticks
- Rice and corn cakes
- Wholegrain wheat crackers

### 4 MEAT OR MEAT ALTERNATIVE

- Tinned tuna or salmon in springwater
- Lean roast or grilled meats (e.g. beef, chicken, kangaroo)
- Falafel balls
- Lean meat or chicken patties
- Tinned tuna or salmon patties
- Lentil patties
- Lean deli meats (e.g. ham, stiverside, chicken)
- Boiled eggs
- Baked beans (canned)
- Tofu cubes
- Hummus dip
- Lean meat or chicken kebab sticks
- Peanut butter\*

#### Can serve with:

- Wholegrain sandwich roll, pita or wrap bread with salad
- Rice and corn cakes
- Wholegrain wheat crackers
- Side salad

#### Vegetable fritata

- Skinless chicken drumsticks
- Savoury muffins or scones (e.g. lean ham, cheese and shallots)
- Homemade pizzas with lean roast or deli meats and vegetables

#### Can serve with:

- Side salad
- Steamed or roasted vegetables

### 5 GRAIN AND CEREAL FOOD

#### MAINS

- Wraps
- Sandwiches
- Rolls
- Toasted sandwiches

#### Tip: Use breads such as

wholemeal, multigrain, rye, sourdough, pita, flat, corn, mountain, lavash, white fibre-enriched, soy and linseed, herb, nanc, bagels, foccacias, fruit bread and English muffins.

- Pasta dishes
- Rice, quinoa or couscous dishes
- Noodle dishes
- Sushi

#### SAVORY BAKED ITEMS

- Homemade pizzas
- Wholemeal savoury muffins or scones (e.g. ham, cheese and corn muffins)
- Vegetable based muffins
- Pasta or noodle bake

#### SWEET BAKED ITEMS

- Fruit loaf
- Wholemeal fruit based muffins

#### SNACKS

- High fibre, low sugar cereal (e.g. muesli)
- English muffins
- Crackers
- Crispbreads
- Rice cakes
- Corn thins
- Wholemeal scones
- Pikelets
- Crumpets
- Hot cross buns (no icing)

### 6 WATER

- Take a water bottle (for refilling throughout the day)

#### Tip:

- Freeze overnight to keep foods cool in lunchboxes

Sweet and savoury snack foods (e.g. muesli/fruit/nut bars, biscuits, crisps, cakes, muffins, slices) should be limited in lunchboxes. They can lead to excess energy intake if consumed in large amounts.

Sugar sweetened drinks and confectionery should not be provided in lunchboxes. They can lead to excess energy intake and tooth decay.



\*Check your school's policy regarding the use of nuts and products containing nuts.



**Windermere®**  
everyone is someone  
in our community

WE LIVE HERE TOO

# Out of School Hours Care

at Lang Lang  
Primary School



**Enrol  
Now for  
2023!**

If you require before and after school care for your child in 2023, we can help.

We offer:

- A fun and safe environment
- A leisure-based program that promotes social play and enjoyment
- Healthy breakfasts and afternoon snacks
- Age appropriate activities

Enrol today by visiting  
[windermere.org.au/oshc](http://windermere.org.au/oshc) or  
contact Luke on 1300 946 337.

Snap to  
find out  
more





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### Country Grind Café Lunch Order List.

- Hot Dogs \$5.00
  - Mini pizza \$6.00
  - Potato Cakes \$1.50
  - Pies
    - Plain \$6.50
    - Mushroom, Cheese bacon \$7.00
  - Sausage rolls \$6.00
  - Steamed dim sims \$1.50 each
  - Sauce soy and tomato 25c
  - Toasted Ham and Cheese Croissants \$6.00
  - Toasties Ham and cheese, Chicken, and cheese \$6.00
  - Fresh Sandwiches/rolls etc. Ham cheese and chicken cheese \$6.00 Add Tomato 50c
  - Vegemite, Peanut butter, Nutella etc. \$3.00
  - Sweet Chili chicken tender wraps, Honey Mustard tender wraps. \$9.50
- 
- Yoghurt \$3.50
  - Fresh muffins \$5.50
  - Banana bread \$5.00
  - Choc chip cookies \$1.50
- 
- Water \$2.50
  - Pop top Apple, orange \$2.50
  - Nippy's flavored milk chocolate, strawberry, honeycomb \$3.50
  - Nippy juice apple, orange, apple blackcurrant \$3.80





Limited  
spots  
available

# Winter School Holiday Program at St John the Baptist Primary School

Program  
Hours:  
7.30am to  
6.30pm

Join our exciting two week holiday program at the school premises:  
172 Station Street, Koo Wee Rup (access via Salmon Street). The program  
is action packed with fun activities for you and your friends.

## Monday 26 June

Nature Day: Create masterpieces with nature's materials.  
Have a few laughs making grass heads, get creative with stick  
weaving and more.



## Tuesday 27 June

Who's the next Junior MasterChef? Cook up a storm making  
and decorating your own cookies, fruit skewers, honey joys and  
other delicious treats.



## Wednesday 28 June

It's Pyjama Day! There's no need to get dressed to have fun.  
Stay snug and warm while playing a variety of fun games.



## Thursday 29 June\*

Learn a few circus tricks from Hoop Sparx. Try out fun and  
exciting skills like hula hoops, spinning plates, poi, juggling,  
acrobatics and giant Jenga.

\*IncurSION day



## Friday 30 June

Want to go fly a kite? First, learn to make your own kite from  
scratch. Get creative designing and decorating it while learning  
all about wind power and gravity.



Call our friendly team on 1300 946 337

[www.windermere.org.au](http://www.windermere.org.au)





Association for  
Children with a  
Disability

## Free online workshop

## Successful Secondary Years

### Is your child 12 - 17 years old?

Do you want to learn how to improve their supports at school?

Then don't miss this FREE online workshop by ACD.

You'll gain the skills and confidence build a positive relationship with the school and help your child get the support they need.

#### When:

- Tuesday 13 June 10:00 am
- Wednesday 14 June 10:00 am
- Thursday 15 June 7:00 pm
- Monday 19 June 7:00 pm

#### More information:

- This is a workshop for for families of children with disability aged 12-17 yrs
- Workshop is 90 minutes
- Bookings are essential
- Professional workshop facilitators are parents of children with disability

#### Topics include:

- >> Reasonable adjustments at secondary school
- >> Social connections and wellbeing
- >> Communication with school
- >> Supporting your child to self-advocate

#### Read more and register now



[bit.ly/SSYjune23](https://bit.ly/SSYjune23)

#### Contact us



[educate@acd.org.au](mailto:educate@acd.org.au)



03 9880 7000 or  
1800 654 013 (regional callers)

[www.acd.org.au](http://www.acd.org.au)





Be Amazed

#BEASCOUT

# 1st Lang Lang Scout Group



Cub  
Scouts

Tuesday Night  
6.55pm to 8.30pm

[gl.1stlanglang@scoutsvictoria.com.au](mailto:gl.1stlanglang@scoutsvictoria.com.au)

@1stLangLangScoutGroup

WWW.SCOUTSVICTORIA.COM.AU 1800 SCOUTS







## BABY MASSAGE CLASS

For parents, step-parents, grandparents, and carers of children aged 0-12 months.  
Join us for a free 6-week program to share and experience a different way of connecting with your child

Noticing and understanding your baby's cues

Creating a stronger bond with your baby

Using massage and other communications to comfort, soothe and settle your baby

Growing your skills and resources for more confident parenting

**TIME:** 1.00 pm - 3.00 pm

**WHEN:** Fridays, 26 May - 23 June

**WHERE:** Cockatoo Community House  
23 Bailey Rd, Cockatoo

**COST:** FREE



**INQUIRIES:**  
Vanessa Hammond 0421 211 326  
mindful.connected.parenting@gmail.com  
Register via the QR or text Vanessa

